



Louis St. Laurent High School Volleyball Tournament 2024

**SMASH Halloween Volleyball Tournament
October 25th and 26th, 2024**

INFORMATION PACKAGE

LOUIS ST. LAURENT CATHOLIC SCHOOL
11230 43ave
Edmonton, Alberta
T6J-0X8
780-435-3965
www.louisstlaurent.ecsd.net

Tournament Contacts:

Jaret Peel – Tournament Chair, Varsity Women's Volleyball Head Coach, Athletic Director
Email: jaret.peel@ecsd.net
Cell: 780-554-4333

Tay Nsaliwa - Co Tournament Chair, Athletic Director Department Head
Email: tayanjana.nsaliwa.ecsd.net
Cell: 780-945-1506

Joseph Vanderhelm – Honourary Chair
Email : joseph.vanderhelm@ecsd.net
Cell : 780-993-8966

Victoria Saccomani – Physical Education Department Head
Email: victoria.saccomani@ecsd.net
Cell : 780-297-8427

Jackie Flynn – School Principal
Email: jackie.flynn@ecsd.net
Cell: 780-887-8316

SMASH 2024

COACHES REMINDERS and TOURNAMENT ITINERARY

LSL address – 11230 – 43 Avenue, Edmonton, Alberta (780) 435 - 3964

1. ENTRY FEES

\$500.00/team payable ASAP - please contact our Business Manager to arrange payment:
Radomir Kolundzija – radomir.kolundzija@ecsd.net

2. *Team Pictures in the Library start at 7:00 – 8:45 a.m. Friday October 27th. Please have your team in uniform or costumes (you may do a picture in both).*

SEE ATTACHED SCHEDULE!!

Assemble in the cafeteria after pictures for breakfast and the ATHLETE MARCH into opening ceremonies between 9:15-9:30am.

******Participation in Opening Ceremonies is MANDATORY***

3. Pancake Breakfast – Pancakes, sausage, fruit, juice
(For all athletes and coaches) 7:15-8:45am

4. Short coaches meeting in the staff room at 8:45-9:00 a.m.

5. All athletes are to partake in the opening ceremonies in their **Halloween Costumes.**

6. Please remind your team members to stay in the gyms, cafeteria, or Team Athlete Room. All other areas of the school are off limits.

7. SMASH DINNER: We will be hosting a Pasta Dinner and Pepsi in the Cafeteria from 5:00-7:15pm followed by SMASH FEST 7:30-9:00pm on Friday evening.

8. All teams/participants need to be present for “SMASH-Fest”, Friday evening from 7:30 pm – 9:00 pm for fun mixers, activities and draw prizes.

**** Attendance is Mandatory!!**

9. Team Room: Please have your teams store bags and equipment in the cafeteria. Your host/hostess will show you to your table, which will always remain supervised (by parent volunteers). We will do our best to secure this area but will not take responsibility for any items that are left unsecured.

10. Parking: Parking is limited around the school. If you are coming by team van, you may park Teacher Parking Lot North of the school. Alternatively, you could park on the street along the west field (just north of the school). If you have a coach/bus, the street on the west is your only option.

11. Coaches Room: Sandwiches, fruit, snacks, chili, pulled pork, soup, and beverages will be available to coaches in the staff room during the tournament.

12. Performance Chiropractic: Certified Medical Attendant at the Volleyball Tournament assisting athletes medical needs.

13. Tournament Play Guidelines

- a. All matches are best of 3.
- b. Major Officials supplied by EVOA.
- c. Canada volleyball rules apply.
- d. Where ties occur at the completion of round robin play, the following procedure will take place, as per standard CVA guidelines.
 - i. The team having the best ratio of won/lost matches, considering matches between the tied teams, will be ranked higher.
 - ii. The team having the best ratio of won/lost games, considering matches played between the tied teams, will be ranked higher.
 - iii. The team having the best ratio of won/lost games, considering all matches of the round, will be ranked higher.
 - iv. The team having the best ratio of points for/against, considering games played between the tied teams, will be ranked higher.
 - v. The team having the best ratio of points for/against, considering all games played during the round, will be ranked higher.
 - vi. As determined by the Organizing Committee (e.g., extra game, toss of coin, etc.)

14. Format: Four 5-team round robin Draw (10 boys and 10 girls Teams); Teams are 3A Schools from across Alberta; One game per gym with main court nets only

15. Locations

Louis St. Laurent Main Gym – Please Access School Through Entrance 7 (North Doors)

Cartier McGee Gym – Please Access School Through Entrance 7 (North Doors)

Harry Ainlay Main Gym – Please Access School Through Entrance 17 or 18

Harry Ainlay Small Gym – Please Access School Through Entrance 17 or 18

16. Score Table Volunteers and Supervision: 5 volunteers per gym which includes 2 scorekeepers, 2 linesmen and 1 livestream operator. LSL staff member supervising gameplay.

17. SPECTATORS are allowed: Parents, family members, friends, or other spectators are encouraged to attend. Games will also be livestreamed for viewing.

Can park in the LSL Staff Parking Lot on Friday and Saturday (North Side of School)

\$5/Game; \$15 Weekend Pass (Debit/Credit Card Accepted; Cash)

18. AWARDS

- Championship Keeper Trophy, Gold Medals
- 2nd Place Trophy, Silver Medals
- Bronze Medals
- All Star Awards
- MVP Trophies
- MVP RINGS (Sponsored BY Jostens)

Good Luck and have a great tournament

Jaret Peel -- Tournament Chairman Cell: 780-554-4333

SMASH-FEST 2024

(Please fill out google LINK for Participants in Email)

Each team will select 5 players to participate in the Smash-Fest activities. 2 players to play **“Royal Court”**; 3 players (2 hitters and 1 setter) for the **“Ground Pounders Competition”**. Players should participate in only one of the activities.

ROYAL COURT GAME

1. Co-ed teams will be created as outlined below. One player from each team listed participating in that event. Ex) Team 1 - girl from LSL, 1 girl from Grande Prairie, 1 boy from Beaverlodge, 1 boy from Barrhead.
2. Co-ed teams will be randomly placed in order. The first team will assume Royal Court and the second team will be challengers.
3. The net will be set between Men and Women's heights
4. Challengers will serve to “royalty” to begin the rally.
5. The winners of the rally will assume Royal Court and continue to defend the court until beaten by challengers.
6. Standard volleyball rules will apply - self officiated.
7. The game will continue for 15 minutes. When the score clock sounds, the team that has possession of the Royal Court will be the champions.
8. If the horn sounds during a rally, the rally will continue until finished. The winner of that rally will be declared champions.

Royal court champions will receive prizes.

GROUND POUNDERS COMPETITION.

1. Women's competition first. Men's second
2. All players will warm up for 5 minutes
3. All hits will come from the power position. The radar gun will be set up for cross court hits
4. 1 hitter will toss to the setter who will then set to his/her other hitter. The hitters will then trade spots for the next attack. After both attacks, the next team in line will take their turn.
6. Each hitter will get three attempts.
7. The ball must land in-bounds to have its speed recorded
8. Fastest recorded hit wins!
9. Nets will be set at appropriate heights for men's and women's competition

**** There is a Keeper Trophy for the hardest hitter (male and female).**



P 780-433-9920 F 780-433-9873
2025-111 Street, Edmonton, Alberta T6J 4V9
performancechiro.ca

Smash Volleyball at Louis St Laurent

The Performance Chiropractic team will be volunteering in assisting athletes and volunteers at the Volleyball tournament.

Services provided will be:

- Athletic therapy
- Active Release Therapy
- Chiropractic Therapy
- Taping for injuries
- Assessing new injuries

Should any coaches, athletes or parents have any questions please do not hesitate to contact me directly at the clinic 780-433-9920 or by email dr.todd@performancechiro.ca

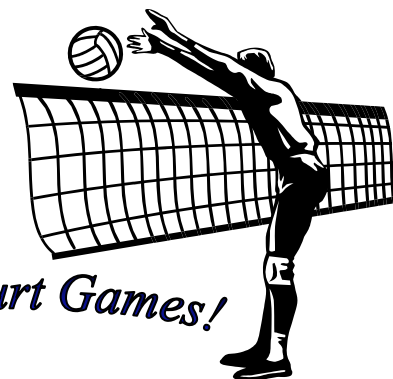
Thanks,

Ashley Todd, DC, BKin

Director and Owner of Performance Chiropractic + Sports Rehab

Move Better. Feel Better. Live Better. 

*Coaches/Supervisor
Game!*



Royal Court Games!

SMASH-FEST

Spaghetti Dinner

Draw Prizes!



*Ground Pounders
Competition!*

